

# TRANSCRIPT

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## The Ultimate Cyber Essentials Readiness Checklist

Audit your IT security against the UK Government's core standards.

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### About This Guide

Cyber Essentials is the UK Government-backed scheme that protects businesses against the most common cyber threats. Certification demonstrates your commitment to cyber security to your customers and stakeholders.

**Transcript** has created this self-assessment tool to help you benchmark your current IT setup against the five technical controls of Cyber Essentials.

### How to Use This Document

1. **Audit:** Walk through the checklist on the following pages. Mark "Yes" only if you are 100% sure the requirement is met across **all** devices.
2. **Identify Gaps:** Any "No" answer represents a security gap.
3. **Remediate:** Use the **Action Plan** at the end of this document to assign fixes.
4. **Certify:** Once you have ticked every box, you are ready to apply for official certification with Transcript.

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## 1. Firewalls

*Objective: Ensure only safe and necessary network services can be accessed from the internet.*

Requirement	Compliant?	Notes / Evidence
<b>Boundary Firewalls:</b> Is a firewall active on the network boundary (between your internal network and the internet)?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Device Firewalls:</b> Are software firewalls enabled on all devices (Windows Defender, macOS Firewall), particularly for remote workers?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Default Passwords:</b> Have all default administrative passwords on firewall/router interfaces been changed to strong, unique passwords?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Inbound Connections:</b> Are all inbound connections blocked by default unless explicitly documented and approved?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Remote Access:</b> Is RDP/SSH access secured behind a VPN or Multi-Factor Authentication (MFA)? (It must not be directly open to the internet).	<input type="checkbox"/> Yes <input type="checkbox"/> No	

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## 2. Secure Configuration

*Objective: Computers and network devices are properly configured to reduce vulnerabilities.*

Requirement	Compliant?	Notes / Evidence
<b>Unnecessary Software:</b> Has software not required for daily business work been removed from devices?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Unnecessary Accounts:</b> Have all unused, guest, or former employee accounts been removed or disabled?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Auto-Run Disabled:</b> Is 'Auto-run' or 'Auto-play' (for USBs/CDs) disabled on all systems?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Strong Passwords:</b> Are devices protected by strong passwords (min. 8 characters) or biometrics?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Device Locking:</b> Do devices auto-lock after a short period of inactivity (e.g., 5-15 minutes) requiring a password to unlock?	<input type="checkbox"/> Yes <input type="checkbox"/> No	

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## 3. User Access Control

*Objective: Ensure user accounts are assigned to authorized individuals only.*

Requirement	Compliant?	Notes / Evidence
<b>Admin Separation:</b> Do staff use standard user accounts for daily work (email/web), reserving Admin accounts <i>only</i> for administrative tasks?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Account Management:</b> Is there a formal process for creating and disabling user accounts (especially for leavers)?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Multi-Factor Authentication (MFA):</b> Is MFA enabled on ALL cloud services (Microsoft 365, Google Workspace, AWS, etc.)?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Unique Credentials:</b> Does every user have a unique username and password? (No shared accounts allowed).	<input type="checkbox"/> Yes <input type="checkbox"/> No	

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## 4. Malware Protection

*Objective: Restrict the execution of known malware and untrusted software.*

Requirement	Compliant?	Notes / Evidence
<b>Anti-Malware Software:</b> Is reputable anti-malware/antivirus software installed and active on all devices?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Definition Updates:</b> Is the software configured to update its signature database automatically (at least daily)?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Real-Time Scanning:</b> Is real-time scanning enabled to check files immediately upon access/download?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Application Allow-listing:</b> If AV is not used (e.g. on iOS), are only approved applications allowed to execute?	<input type="checkbox"/> Yes <input type="checkbox"/> No	

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## 5. Security Update Management (Patching)

*Objective: Ensure that devices and software are not vulnerable to known security issues.*

Requirement	Compliant?	Notes / Evidence
<b>Supported Software:</b> Are all operating systems and apps currently supported by the vendor? (You cannot use Windows 7, Server 2008, or old macOS versions).	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Automatic Updates:</b> Are automatic updates enabled for both Operating Systems and installed applications?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Critical Patching (14 Days):</b> Are "Critical" or "High Risk" security patches applied within 14 days of release?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Removal:</b> Is unsupported software that cannot be updated removed from devices immediately?	<input type="checkbox"/> Yes <input type="checkbox"/> No	

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## Need Help Fixing These Gaps?

Completing this checklist is the first step. If you found "No" answers and aren't sure how to fix them technically, Transcript can help.

### We offer:

- **Gap Analysis:** Deep-dive verification of your systems.
- **Remediation Support:** We fix the issues for you.
- **Official Certification:** As a certification assistance organisation, we guide you through the official assessment.

### Ready to Certify?

Contact our Cyber Essentials team today.

 Email: [cyberessentials@transcript.com](mailto:cyberessentials@transcript.com)

 Web: [www.transcript.com](http://www.transcript.com)

*Disclaimer: This document is provided for guidance purposes only. Completion of this checklist does not guarantee a pass in the official Cyber Essentials assessment, but it is a strong indicator of readiness.*